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To provide updated information or to add new health and medical services to this directory, please contact:

Thomas County Health Department

350 S Range, Ste 2

Colby, KS 67701

785-460-4596

 estrange@thomascountyks.gov

# Emergency Numbers

**Police/Sheriff 911**

**Fire 911**

**Ambulance 911**

# Non-Emergency Numbers

Thomas County Sheriff 785-460-4570

Colby Police Department 785-460-4460

Kansas Highway Patrol (State) 785-296-6800

 (Hays) 785-625-3518

Thomas County Ambulance 785-460-4585

Thomas County Emergency Management 785-460-4516

# Municipal Non-Emergency Numbers

 **Police/Sheriff Fire**

Colby 785-460-4460 785-460-4454

Brewster 785-460-4570 785-890-4575

Gem 785-460-4570 785-460-4460

Levant 785-460-4570 785-460-4460

Rexford 785-460-4570 785-460-4460

# Other Emergency Numbers

**Kansas Child/Adult Abuse and Neglect Hotline**

 800-922-5330

<http://www.dcf.ks.gov/Pages/Default.aspx>

**Domestic Violence Hotline**

 800-799-7233

 [www.ndvh.org](http://www.ndvh.org)

**Emergency Management (Topeka)**

 785-274-1409

 <http://www.kansastag.gov/kdem_default.asp>

**Federal Bureau of Investigation**

 816-512-8200

<http://www.fbi.gov/>

**Kansas Arson/Crime Hotline**

 800-KS-CRIME or 800-572-7463

 <https://www.firemarshal.ks.gov/170/Investigation>

**Kansas Bureau of Investigation (Topeka)**

 785-296-8200

 <https://www.kansas.gov/kbi/>

**Kansas Crisis Hotline (Domestic Violence/Sexual Assault)**

888-363-2287

 [www.kcsdv.org](http://www.kcsdv.org)

**Kansas Road Conditions**

 866-511-KDOT, 511

 785-871-1515 (Main Office)

 [www.ksdot.org](http://www.ksdot.org)

**Poison Control Center**

 800-222-1222

 [www.aapcc.org](http://www.aapcc.org)

**Suicide Prevention Hotline**

 800-784-2433

 [www.hopeline.com](http://www.hopeline.com)

 800-273-TALK

 [www.suicidepreventionlifeline.com](http://www.suicidepreventionlifeline.com)

**Toxic Chemical and Oil Spills**

 800-424-8802

 <https://www.epa.gov/pesticide-incidents/how-report-spills-and-environmental-violations>

# Health Services

## Health Department

 **Thomas County Health Department**

350 South Range Avenue, Suite #2 (Colby)

 Phone: (785) 460-4596 Fax: (785) 460-4595

 <https://www.thomascohealth.com/>

 Thomas County Health Department Services include: Open M-F 7:30am to 5:00pm

Breastfeeding Boutique

Certified Lactation Consultants

Becoming A Mom®

Blood Pressure Screenings

Family Planning

STI & HIV Testing

Immunizations

 Lab Services

Physicals

Tobacco Control & Prevention

 TB Skin Tests & Treatment

 Worksite Wellness

# Hospital

 **Citizens Health**

100 East College Drive (Colby)

 785-462-7511

 [www.cmciks.com](http://www.cmciks.com)

 Citizens Medical Center, Inc. (CMCI) Services include:

Anesthesia

* Epidural Anesthesia

Cardiopulmonary

* + - Pulmonary Rehabilitation
		- Cardiac Rehabilitation

 Education

* Certified Lactation Consultant
* Childbirth Classes
* Diabetes Education

 Emergency Department

Foundation

* Citizens Foundation

General Surgical Services

Laboratory

Labor and Delivery

Long Term Care

* Prairie Senior Living Complex (PSLC)

Nursing Services

* Swing Bed Nursing
* Acute Care

Nutrition Counseling (Including Diabetes and Obesity)

Oncology

Pharmacy

Primary Care

* Family Center for Health Care (FCHC)

Radiology

Rehabilitation Services

* Adult and Pediatric Speech Therapy
* Occupational Therapy
* Physical Therapy
* Women’s Health

Social Services

* Serenity Room (end of life care)

Specialty Clinics

**Citizen’s Medical Equipment (Durable Medical Equipment)**

100 E. College Drive (Colby)

785-460-1269

## Mental Health

 **Heartland Rural Counseling Services**

Amanda Lanning, LSCSW; Dana Youngman, LMLP

 485 W 4th St (Colby)

 785-460-7588

 <http://heartlandruralcounseling.com/>

 **High Plains Mental Health Center Colby Branch**

750 South Range Avenue (Colby)

 785-462-6774 785-628-2871 24 Hour

 [www.highplainsmentalhealth.com](http://www.highplainsmentalhealth.com)

**Meier New Life Clinic**

Angie Witman, LPC & LCMFT

 CMC Specialty Clinic

 100 E. College Drive (Colby)

 888-725-4642

 [www.meierclinics.com/Colby](http://www.meierclinics.com/Colby)

**The Office of Carrie Nassif, PhD**

Provider: Carla Sloan-Brown, LMLP 2513

170 W 6th St (Colby)

785-460-0050

[www.psychotherapyforkansas.com](http://www.psychotherapyforkansas.com)

**Second Chance @ Life, Inc**

315 Main Street, Rexford, KS

785-687-2220

**Turning Point** (Colby)

Bill Davis, LPC, LCAC; Jaime Kinderknecht, LCPC; Megan Briggs, MSW, LSCSW

 866-463-2679

[www.turningpointpcs.net](http://www.turningpointpcs.net)

 **Tele Psychiatry Services @ Hoxie Medical Clinic**

Paula Wiesehan, DNP FPMHNP FNP APRN-BC

 785-675-3018

## Medical Professionals

### **Chiropractors**

**Franz & Tubbs Chiropractic**

 135 West 6th Street Suite 4 (Colby)

 785-462-7236

 <https://www.notjusttheback.com/>

 **Gundlach Chiropractic**

 **Dr. Mark Gundlach**

480 North Franklin Avenue (Colby)

 785-269-9565

<http://www.gundlachchiropractic.com>

**Northwest Kansas Chiropractic**

 **Dr. Kristin Parker**

1005 S. Range Ave #200

785-460-0332

<http://www.nwkchiro.com/>

###

### **Dentists**

**Blackwood Family Dentistry**

 501 Garfield Street (Quinter)

(Accepts KanCare (Medicaid))

 785-754-2441

**Colby Family Dentistry**

**Bryan Nagle, DDS**

770 South Range Avenue (Colby)

 785-460-3922

**Karen Thummel, DDS** 480 West 4th Street (Colby) 785-460-6800

**Rawlins County Dental Clinic**

 515 State St (Atwood)

 785-626-8290

###

### **Optometrists**

**Sam Funk, OD**

505 N Franklin Street (Colby)

 785-462-3348

<https://www.nwkseyes.com/>

 **Vision Source**

1005 South Range Avenue (Colby)

 785-462-8231

<http://www.visionsource-colby.com/>

###

### **Hearing**

**Hearing Solutions**

1870 S Range (Colby)

 785-460-4327

 <https://www.hearingsolutionsllc.net/>

**Northwest Kansas Hearing Services, Inc**

175 S Range (Colby)

 785-460-2957

 <https://www.hearusa.com/>

### **Naturopathic Doctors**

**Dr. Joan D. Waters, ND**

990 S. Range Ave #5  (Inside 110 Massage & Wellness)

Colby, KS  67701

(970) 482-2010

[www.practicalhealthsolutions.com](http://www.practicalhealthsolutions.com)

### **Pharmacies**

**Dillon’s**

1605 South Range Avenue (Colby)

785-462-1310

[www.kroger.com](http://www.kroger.com)

 **Palace Drug Store**

460 North Franklin Avenue (Colby)

 785-460-7507

https://www.corner drugstore.com/

 **Wal-Mart**

115 West Willow Avenue (Colby)

 785-462-8634

 [www.walmart.com](http://www.walmart.com)

###

### **Primary Care Providers**

**Family Center for Health Care**

310 East College Drive (Colby)

 785-462-6184

 [www.cmciks.com](http://www.cmciks.com)/family-center

 *Mallory Forsyth, MD Sarah Gabel, MD*

 *Dan Kuhlman, MD Kara Kuhlman, MD*

 *Darren Matchell, DO Kysha Nichols-Totten, MD*

 *Michael Nordquist, DO Dereck Totten, MD*

 *Hannah Bandy, DNP, APRN Fred Barton, APRN*

 *Tina Benson, APRN Tricia Carney, APRN*

 *Luetta Flanagin, APRN Benjamin Hamilton, APRN*

 *Rick Hammack, APRN Jennifer Mackley, APRN*

 *Stephanie Mesch, APRN Jenny Niblock, DNP, APRN*

 *Jennifer Haag, PA-C Adam Horinek, PA-C*

 *Allie Keller, PA-C Amanda Reid, PA-C*

 *Regina Taylor, PA-C Brian Unruh, PA-C*

 *Kelly Gabel, MD (surgeon) Brenda Kopriva, MD (surgeon)*

### **Rehabilitation Services (physical, occupational and speech therapies)**

**Citizens Medical Center**

 (PT, OT, Pediatric and Adult Speech, Women’s Health)

 100 E. College Drive (Colby)

 785-460-4868

 **Good Samaritan Society of NW Kansas**

 (Home Care-PT, OT, Speech)

 820 S. Denison St. (St. Francis)

 785-332-3588

**Northwest Kansas Educational**

**Service Center**

(Home Care-PT, OT, Speech)

703 W. 2nd (Oakley)

785-672-3125

 **Tina Harris Physical Therapy & Sports Medicine Center**

270 North Franklin Avenue (Colby)

785-462-8008

**Northwest Kansas Physical Therapy**

135 W 6th St (Colby)

785-460-7848

## Other Health Care Services

## Assisted Living/Nursing Homes/Long Term Care

**Colby Health & Rehab**

105 East College Drive (Colby)

785-462-6721

<http://www.colbyhealthandrehab.com/>

**Fairview Estates**

1630 Sewell Avenue (Colby)

785-462-2154

**Prairie Senior Living Complex**

1625 South Franklin Avenue (Colby)

785-462-8295

www.cmciks.com/senior-living

##

## Diabetes

**Citizens Medical Center, Certified Diabetes Educator**

100 E. College Drive (Colby)

785-460-1237

## Disability Services

**LINK** (ages 16-60) (Hays)

800-569-5926; 1-785-625-6942

<http://linkinc.org/>

 **SKIL of Western Kansas** (Hays)

<http://skilonline.com/>

800-316-8019 or 785-628-8019

**Kansas Department of Children and Families**

1135 S. Country Club Drive (Colby)

785-462-6769

<http://www.dcf.ks.gov/services/Pages/DCFOfficeLocatorMap.aspx>

**Kansas Department on Aging & Disability** (Hays)

800-432-7422

 [www.kdads.ks.gov](http://www.kdads.ks.gov)

## Home Health

**Angels Care Home Health**

519 Russell Avenue

Wakeeney, KS 67672

785-743-2270

<https://locations.angelscarehealth.com/ks/wakeeney/angels-care-home-health-331.html>

**Good Samaritan Society of NW Kansas**

820 S. Denison St. (St. Francis)

785-332-3588

<https://www.good-sam.com/locations/nw-kansas-home-care>

**Goodland Home Health**

1502 Main Ave (Goodland)

785-890-7658

**Guardian Home Health**

**(In home private pay and long-term care insurance)**

112 S. Kansas Ave., Ste. 304

Norton, KS 67654

785-622-4254 [www.guardianks.com](http://www.guardianks.com)

**L&C Home Health Agency**

1175 S Range Ave, Ste 1, Box 5 (Colby)

785-465-7444 <https://www.landchomehealthagencyinc.com/>

## Hospice

 **Hospice Services, Inc.**

438 N Franklin Avenue (Colby)

 785-462-6710, 800-315-5122

**Medical Equipment and Supplies**

**VFW Post 6882 (Wheelchairs and Walkers)**

220 Lake St (Colby)

460-7275

**Northwest Kansas Educational Service Center (Keyes)**

785-672-3125

**Dillon’s (Durable Medical Equipment)**

462-1310

**Wal-Mart (Durable Medical Equipment)**

462-8651

**Lincare (Oxygen)**

1013 Main St (Goodland)

785-899-6848

[www.healthcare4ppl.com/kansas/goodland/lincare-inc-24523.html](file:///%5C%5Cfs01%5CHealth%20Department%5CHealth%20Services%20Directory%20%28Resource%20Manual%29%5C2018%5Cwww.healthcare4ppl.com%5Ckansas%5Cgoodland%5Clincare-inc-24523.html)

**Sizewise (Bariatric Equipment)**

210 Jefferson St, PO Box 320 (Ellis)

800-814-9389

[www.sizewise.com](http://www.sizewise.com)

 **Citizen’s Medical Equipment (Durable Medical Equipment)**

100 E. College Drive (Colby)

460-1269

## Senior Services

**Brewster Senior Center**

327 Kansas Avenue (Brewster)

785-694-2645

**Senior Progress Center**

165 Fike Park Street (Colby)

785-460-2901

 **Seniors in Action**

305 Main Street (Rexford)

 785-687-4646

## Government Health Care Services

**Kansas Department on Aging & Disabilities**

503 South Kansas Avenue (Topeka)

785-296-4986 or 800-432-3535

[www.kdads.ks.gov](http://www.agingkansas.org/)

**Kansas Department of Health & Environment (KDHE)**

Curtis State Office Building

1000 South West Jackson (Topeka)

785-296-1500

[www.kdheks.gov/contact.html](http://www.kdheks.gov/contact.html)

**KanCare (Medicaid)**

 900 SW Jackson, Suite 900 N (Topeka)

866-305-5147
 [www.kancare.ks.gov](http://www.kancare.ks.gov)

**Senior Health Insurance Counseling for Kansas** (SHICK)

NW Kansas Dept for Aging & Disability Services
510 West 29th, Suite B (Hays)

785-628-8204; 800-432-7422

 **Medicare Part D Prescription Drug Insurance Counseling**

**Senior Health Insurance Counseling for Kansas** (SHICK)

 Thomas County Extension Office

 350 S Range Ave Suite 16 (Colby)

 785-460-4582

**Healthcare Navigator**

NW Kansas Dept for Aging & Disability Services
510 West 29th, Suite B (Hays)

785-628-8204; 800-432-7422

<https://www.healthcare.gov/glossary/navigator/>

**Family Center for Healthcare**

Valerie Ohlrogge (Marketplace/Medicare/Medicaid)

310 E College Drive

Colby, KS 67701

785-460-1777

Healthcare Navigators are individuals or organizations trained and able to help consumers, small businesses, and employees look for health coverage options through the Marketplace, including completing eligibility/enrollment forms. These individuals and organizations are required to be unbiased. Their services are free to consumers.

**Medicare**

Social Security Administration

1212 East 27th Street (Hays)

888-552-7176

[www.ssa.gov/benefits/medicare](http://www.ssa.gov/benefits/medicare)

**Kansas Department of Children and Families**

1135 S Country Club Drive Suite 1 (Colby)

785-462-6760; TTY/TDD 1-800-766-3777

**Social Security Administration**

1212 East 27th Street (Hays)

785-625-3496

**Veteran’s Affairs**

990 S. Range Avenue (Colby)

 785-462-3572 or 785-443-0120

<http://kcva.ks.gov/veteran-services/>

## Local Government, Community, and Social Services

## Adult Protection

**Kansas Department of Aging & Disability Services**

 800-922-5330

<http://www.kdads.ks.gov/hotlines>

**Elder Abuse Hotline**

 800-842-0078

http://www.kdheks.gov/bhfr/elder\_abuse\_hotlines.html

**Kansas Department of Social and Rehabilitation**

**Services West Region Protection Reporting Center**

1-800-922-5330

## Alcohol and Drug Treatment

 **High Point Advocacy Center** (Colby)

785 W Webster Ave

 785-460-8463

 <https://highpointadvocacy.com/>

**Turning Point** (Colby)

Bill Davis, LPC, LCAC; Jaime Kinderknecht, LCPC; Megan Briggs, MSW, LSCSW

 866-463-2679

[www.turningpointpcs.net](http://www.turningpointpcs.net)

 **Recovery Way Counseling**

990 S Range STE 2B

 Wendy Armbruster

 785-269-1033

 **Smoking Cessation**

KanQuit

 1-800-784-8669

 [www.QuitNow.net/Kansas](http://www.QuitNow.net/Kansas) or [www.KanQuit.org](http://www.KanQuit.org)

## Child Protection

**Kansas Department of Children and Families Services
Western Region Protection Reporting Center**

1-800-922-5330

Available 24 hours/7 days per week

<http://www.dcf.ks.gov/DCFContacts/Pages/default.aspx>

## Children and Youth

**Children’s Alliance**

627 Southwest Topeka Boulevard (Topeka)

785-235-5437

[www.childally.org](http://www.childally.org)

**Consumer Safety**

<https://www.consumersafety.org/>

**Kansas Children’s Service League**

 800-332-6378 (Bullying Prevention)

 800-530-5275 (Main Line)

 <https://www.kcsl.org/>

 **LiveWell Northwest Kansas (Home Visiting Programs ABC & PALS)**

460 N. Garfield

 785-460-8177

 <https://www.livewellnwk.org/>

 **Parent Helpline**

800-332-6378

 1800children@kcsl.org (email or text)

 <https://1800childrenks.org/>

 **Western Kansas Child Advocacy Center (WKCAC)**

212 E 5th (Scott City-Main Office)

 620-872-3706

 [www.wkcac.com](http://www.wkcac.com)

## Community Assistance

**Salvation Army (Thomas Co. Health Dept.)**

Emergency Assistance/Vision USA

 785-460-4596 (Colby)

## Community Event Centers

 **Colby Community Building**

285 E 5th St

 785-460-4435

 <https://cityofcolby.com/76/Community-Building>

## Crime Prevention

**Thomas County Sheriff**

225 North Court Avenue (Colby)

 785-460-4570

 **Colby Police Department**

 225 North Court Avenue (Colby)

 785-460-4460

##

## Day Care Providers-Children

**Child Care Aware of NW Kansas**

**(Provides list of providers in area)**

1255 South Range Avenue (Colby)

 785-460-5482; 1-877-678-2548

 **Kids Port Group Childcare**

460 North Garfield Avenue (Colby)

 785-465-9110

**Employment/Job Services**

 **Kansas WorkforceONE**

350 S Range (Colby)

 785-462-2024

 <http://ksworkforceone.org/>

## Extension Office

**Northwest Area Extension Office**

105 Experiment Farm Drive, Suite 1 (Colby)

785-462-7575

[www.northwest.ksu.edu](http://www.northwest.ksu.edu)

**Thomas County Extension Service**

350 S. Range Avenue, Ste 16 (Colby)

 785-460-4582

## Domestic/Family Violence

**Child/Adult Abuse Hotline**

1-800-922-5330

<http://www.dcf.ks.gov/services/pps/pages/kips/kipswebintake.aspx>

**KCSDV (Kansas Coalition against Sexual and Domestic Violence**

634 SW Harrison, Topeka KS

coalition@kcsdv.org

**Jana’s Campaign**

PO Box 647, Hays KS

785-656-0324

[www.janascampaign.org](http://www.janascampaign.org)

**Options Domestic and Sexual Violence Services**

2716 Plaza Ave, Hays, KS

Or 1480 W 4th, Colby, KS 785-625-4202

1-800-794-4624 24 Hour

<http://www.help4abuse.org/>

**General Information – Women’s Shelters**

[www.WomenShelters.org](http://www.WomenShelters.org)

## Food Programs

**Genesis Food Bank**

350 S. Range Avenue (Colby)

 785-460-7930, Limited hours on most Wednesdays

**Harvest America**

120 W 11th St., (Goodland) Rent/Food/Clothing

785-728-4333

Lisa Rodriguez

**Homestead Nutrition (Meal Delivery based on Eligibility)**

**Senior Progress Center**

165 Fike Park Street (Colby) 785-460-2901

 **High Plains Food Coop**

1678 US Hwy 36 (Saint Francis)

7900 E Union Ave, Ste 200 (Denver)

785-626-6082

<http://www.highplainsfood.org/>

**WIC** (Goodland – serves Colby/Thomas County)

 1-800-899-4892

## Funeral Homes

 **Baalmann Mortuary**

190 South Franklin Avenue (Colby)

 785-462-2331

 [www.baalmannmortuary.com](http://www.baalmannmortuary.com)

## Head Start

**Head Start NKESC**

210 North Grant Avenue (Colby)

 785-462-6067

 [www.nkesc.org/](http://www.nkesc.org/)

**Early Head Start NKESC**

703 W 2nd St (Oakley- Serves Colby/Thomas County)

 785-672-3125

**Health and Fitness Centers**

**Citizens Medical Center**

 100 E. College Drive (Colby)

 785-460-4868

 **Colby Community College**

 1255 S. Range Avenue (Colby)

 785-462-3984

 **Colby Recreation Department**

 285 E. Fifth Street (Colby)

 785-460-4440

 **Crossfit Colby**

1981 W. Fourth Street (Colby)

 785-460-0361

**Flex Fitness**

200 North Franklin Avenue (Colby)

 785-443-1097

**Jump Start Fitness Center**

415 North Franklin Avenue (Colby)

 785-443-0419

 https://jump-start-fitness- center.business.site/

 **The Movement Connection**

430 North Franklin Avenue (Colby)

 785-462-2044

 <http://www.movementconnection.net/>

## Housing

**Colby Housing Authority**

600 South Mission Ridge Avenue (Colby)

785-460-6763

[www.colbyhousingauthority.com](file:///%5C%5Cfs01%5CHealth%20Department%5CHealth%20Services%20Directory%20%28Resource%20Manual%29%5Cwww.colbyhousingauthority.com)

**St. Thomas Historic Residence**

200 S Range Ave (Colby)

785-460-4360

[saintthomas.livewellce.com](http://www.saintthomas.livewellce.com)

**Colby House LP**

770 Dylan Dr (Colby)

785-462-3473

**Legal Services**

**Alwin Legal Services**

PO Box 288 (Colby)

785-269-7603

[www.alwinlegalservices.com](http://www.alwinlegalservices.com)

**Barrett Law Firm**

280 N. Court Avenue

P. O. Box 544 (Colby)

 785-460-0188

 [www.barrettlawfirm.org](http://www.barrettlawfirm.org)

 **John D. Gatz**

505 N. Franklin Avenue, Suite A (Colby)

 785-460-3383

 <http://www.gatzlaw.net/>

 **Kansas Legal Services**

 **Legal Aide Society**

1401 B Main (Hays)

 800-723-6953

785-625-4514

 <http://kansaslegalservices.org>

 **Ronald Shalz**

 1675 W. 4th St, Ste A Street (Colby)

785-462-6736

**S Stramel Law Firm**

 480 N. Franklin Ave (Colby)

 785-460-3222

 [www.stramellawfirm.com](http://www.stramellawfirm.com)

 **Thomas County Attorney**

 195 N. Franklin Colby, KS 67701 785-460-4580

**Pregnancy Services**

**Emergency Pregnancy Services & Natural Family Planning**

350 S. Range Ave, Ste 3 (Colby)

785-462-3022

**Kansas Children’s Service League**

877-530-5275 or 785-213-2571(call or text)

[www.kcsl.org](http://www.kcsl.org)

**Prenatal Classes**

**Thomas County Health Department**

Becoming A Mom® (provided by TCHD, FCHC & CMC) 785-462-4596

## Public Information

**Chamber of Commerce**

350 S. Range Suite 10 (Colby)

785-460-3401 Fax 785- 460-4509

<http://oasisontheplains.com/>

**Colby Visitors Center**

2015 S Range Ave (Colby)

785-460-0076

<http://oasisontheplains.com/>

**City of Colby**

785-460-4400

[www.cityofcolby.com](http://www.cityofcolby.com)

 **Colby Convention & Visitors Bureau**

 350 S Range Ave, Suite 10 (Colby) 785-460-7643

 <http://oasisontheplains.com/>

 **Thomas County Courthouse**

300 North Court Avenue (Colby)

 785-460-4500

 <http://thomascountyks.com/>

## Rape

**Options Domestic and Sexual Violence Services**

2716 Plaza Ave, Hays, KS

Or 1480 W 4th

785-625-4202; 800-794-4624 24 Hour

<http://www.help4abuse.org/>

**Domestic Violence and Rape Hotline**

888-656-HOPE (4673)

**Family Crisis Center**

1806 12th Street (Great Bend)

620-792-1885/ 866-792-1885

[www.familycrisiscntr.org](http://www.familycrisiscntr.org)

**Kansas Crisis Hotline**

 888-363-2287

**The Crisis Center (Manhattan)**

785-539-7935

 800-727-2785

 [www.thecrisiscenterinc.org](http://www.thecrisiscenterinc.org)

##

## Social Security

**Social Security Administration**

 888-552-7176 (Hays- serves Colby/ Thomas County)

[www.ssa.gov](http://www.ssa.gov/)

## Transportation

**Thomas County Transportation Van**

300 N. Court (Colby) 785-443-9208; 785-460-4500 rides@thomascountyks.gov

**Colby Cab**

785-462-TAXI (8294)

##

## Veterinary Services

**Colby Animal Clinic**

810 East 4th Street (Colby)

785-460-8621

[www.colbyanimalclinic.com](http://www.colbyanimalclinic.com)

**Swartz Veterinary Hospital**

1775 West 4th Street (Colby)

785-460-1078

<http://www.swartzvethospital.com/>

**Wark Veterinary Service**

1901 County Road 25

Colby, KS 67701

785-460-9275

**State and National Information, Services, Support**

## Adult Protection

**Adult Protection Services**

1-800-922-5330 http://www.dcf.ks.gov/services/PPS/Pages/APS/AdultProtectiveServices.aspx

**Domestic Violence and Sexual Assault (DVACK)**

1-800-874-1499

[www.dvack.org](http://www.dvack.org/)

**Elder Abuse Hotline**

 1-800-922-5330 or 877-662-8362

[www.elderabusecenter.org](http://www.elderabusecenter.org/)

**Elder and Nursing Home Abuse Legal**

<https://ombudsman.ks.gov/file-a-complaint/file-a-complaint>

**Kansas Coalition Against Sexual and Domestic Violence**

1-888-END-ABUSE (363-2287)

 <https://www.kcsdv.org/>

**Kansas Department on Aging**

**Adult Care Complaint Program**

1-800-842-0078

**National Center on Elder Abuse** (Administration on Aging)

<https://ncea.acl.gov/>

**National Domestic Violence Hotline**

1-800-799-SAFE (799-7233)

1-800-787-3224 (TTY)

[www.ndvh.org](http://www.ndvh.org/)

**National Sexual Assault Hotline**

800.656.4673

<https://www.rainn.org/>

**National Suicide Prevention Lifeline**

1-800-273-8255

<https://suicidepreventionlifeline.org/>

**Poison Center**

1-800-222-1222

<https://www.poison.org/>

**Sexual Assault and Domestic Violence Crisis Line**

1-800-701-3630

<https://www.brighthouseks.org/>

**Kansas Department of Children and Families**

1-888-369-4777 (Hays)

[www.dcf.ks.gov](http://www.dcf.ks.gov)

**Suicide Prevention Helpline**

785-841-2345

## Alcohol and Drug Treatment Programs

**AIC (Assessment, Information & Counseling)**

205 E. 7th St. Ste. 126, Hays

785-639-1081

[www.aicounseling.org](http://www.aicounseling.org)

**Al-anon/Alateen Helpline 1-888-425-2666**

[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

**Alcohol and Drug Helpline**

1-800-821-4357

[www.aa.org](http://www.aa.org)

**Kansas Alcohol and Drug Abuse Services Hotline**

 1-800-586-3690

[www.dcf.ks.gov](http://www.dcf.ks.gov)

**Mothers Against Drunk Driving**

1-800-GET-MADD (438-6233)

[www.madd.org](http://www.madd.org/)

**National Council on Alcoholism & Drug Dependence, Inc.**

1-800-622-2255

[www.ncadd.org](http://www.ncadd.org/)

 **SAMHSA’s National Helpline – 1-800-662-HELP (4357)**

<https://www.samhsa.gov/find-help/national-helpline>

**Recovery Connection**

1-800-993-3869

[www.recoveryconnection.org](http://www.recoveryconnection.org/)

**Regional Prevention Centers of Kansas**

785-625-5521 (Hays)**(Smoky Hill Foundation)**

<https://www.kdads.ks.gov/commissions/behavioral-health/kpc>

**Valley Hope**

1-800-544-5101

<https://valleyhope.org/location/>

## Children and Youth

**Adoption**

 1-800-862-3678

 [www.adopt.org/](http://www.adopt.org/)

**Boys and Girls Town National Hotline**

1-800-448-3000

[www.girlsandboystown.org](http://www.girlsandboystown.org/)

**Child/Adult Abuse and Neglect Hotline**

 1-800-922-5330

 [www.dcf.ks.gov/Pages/Report-Abuse-or-Neglect.aspx](http://www.dcf.ks.gov/Pages/Report-Abuse-or-Neglect.aspx)

**Child Abuse National Hotline**

 1-800-422-4453

 1-800-222-4453 (TDD)

 <https://www.childhelp.org/hotline/>

**Child Find of America**

1-800-426-5678

**Child Help USA National Child Abuse Hotline**

1-800-422-4453

**Child Protective Services**

 1-800-922-5330

 **Human Trafficking Resource Center**

1-888-373-7888

**KanCare (Medicaid)**

**105 W 13th (Hays)**

785-621-5147; 785-259-8614

bney@kdheks.gov 1-800-792-4884 or 1-800-792-4292 (TTY)

**Heartspring (Institute of Logopedics)**

8700 E. 29TH N, Wichita, KS 67226

800-835-1043

[www.heartspring.org](http://www.heartspring.org/)

**Kansas Big Brothers/Big Sisters**

1-888-574-2447

<https://www.kansasbigs.org/>

**Kansas Children’s Service League (Hays)**

785-625-2244

1-877-530-5275

[www.kcsl.org](http://www.kcsl.org/)

**Kansas Department of Health and Environment**

785-296-1500

[www.kdheks.gov](http://www.kdheks.gov/)

e-mail: info@kdheks.gov

**The Kansas Society for Children with Challenges**

106 W. Douglas, Suite 900, Wichita, KS 67202

1-800-624-4530

316-262-4676

[www.kssociety.org](http://www.kssociety.org/)

**National Runaway Switchboard**

1-800-RUNAWAY (786-2929)

[www.1800runaway.org/](http://www.1800runaway.org/)

**National Society for Missing and Exploited Children**

1-800-THE-LOST (843-5678)

[www.missingkids.com](http://www.missingkids.com/)

**Parents Anonymous Help Line**

 1-800-345-5044

<http://parentsanonymous.org/>

**Parent Help Line 1-800-CHILDREN**

24/7 Statewide, anonymous, information and referral

by Kansas Children’s Service League (KCSL)

**Runaway Line**

 1-800-621-4000 or 1-800-621-0394 (TDD)

 [www.1800runaway.org/](http://www.1800runaway.org/)

**Talking Books**

 1-800-362-0699

  [https://kslib.info/153/Talking-Books](%20https%3A//kslib.info/153/Talking-Books)

## Community Action

**Peace Corps**

1-800-424-8580

[www.peacecorps.gov](http://www.peacecorps.gov)

**Public Affairs Hotline**

**(Kansas Corporation Commission)**

 1-800-662-0027

 [www.kcc.state.ks.us](http://www.kcc.state.ks.us)

**Counseling**

**Care Counseling**

Family counseling services for Kansas and Missouri

1-888-999-2196

**Alsana**

1-888-822-8938

<https://www.alsana.com/>

**Catholic Charities**

1-888-468-6909

<https://www.ccnks.org/>

**Central Kansas Mental Health Center**

1-800-794-8281

<http://www.ckmhc.org/>

**Consumer Credit Counseling Services**1-800-279-2227

[www.kscccs.org/](http://www.kscccs.org/)

**Kansas Problem Gambling Hotline**

1-800-522-4700

<http://www.ksgamblinghelp.com/>

**National Problem Gambling Hotline**

1-800-522-4700

<https://www.ncpgambling.org/>

**National Hopeline Network**

1-800-SUICIDE (785-2433)

[www.hopeline.com](http://www.hopeline.com)

**Self-Help Network of Kansas**

316-978-3843

<https://supportgroupsinkansas.org/>

**Senior Health Insurance Counseling for Kansas (SHICK)**

1-800-860-5260

<http://www.kdads.ks.gov/commissions/commission-on-aging/medicare-programs/shick>

**WINGS Upon the Prairie (Consumer Run Organization)**

485 N Franklin (Colby)

785-460-7477

## Disability Services

**American Association of People with Disabilities (AAPD)**

800-840-8844

[www.aapd.com](http://www.aapd.com/)

**American Council for the Blind**

800-424-8666

[www.acb.org](http://www.acb.org/)

**Americans with Disabilities Act Information Hotline**

800-514-0301

800-514-0383 (TTY)

[www.ada.gov](http://www.ada.gov/)

**Disability Advocates of Kansas, Incorporated**

855-747-6075

[www.disabilitysecrets.com](http://www.disabilitysecrets.com/)

**Disability Group, Incorporated**

888-236-3348

[www.disabilitygroup.com](http://www.disabilitygroup.com/)

**Disability Rights Center of Kansas (DRC)**

Formerly Kansas Advocacy & Protective Services

877-776-1541

877-335-3725 (TTY)

[www.drckansas.org](http://www.drckansas.org/)

**Hearing Healthcare Associates**

 800-448-0215

**Kansas Commission for the Deaf & Hearing Impaired**

800-432-0698

<http://www.dcf.ks.gov/>

**Kansas Relay Center** (Hearing Impaired service)

800-766-3777 or dial **7-1-1**

[www.kansasrelay.com](http://www.kansasrelay.com/)

**National Center for Learning Disabilities**

888-575-7373

[www.ncld.org](http://www.ncld.org/)

**National Library Services for Blind & Physically Handicapped**

888-657-7323

800-424-8567 (Music Section)

[www.loc.gov/nls/](http://www.loc.gov/nls/)

## Environment

**Environmental Protection Agency**

1-800-223-0425

913-321-9516 (TTY)

[www.epa.gov](http://www.epa.gov)

**Kansas Department of Health and Environment**

Salina 785-827-9639

Hays 785-625-5663

Topeka 785-296-1500

[www.kdheks.gov](http://www.kdheks.gov)

**Local Environmental Protection Group (LEPG)** 785-462-8636

## Food and Drug

**Center for Food Safety and Applied Nutrition**

1-888-SAFEFOOD (723-3366)

<http://www.fda.gov/Food/>

**US Consumer Product Safety Commission**

1-800-638-2772; 1-800-638-8270 (TDD) [www.cpsc.gov](http://www.cpsc.gov)

**USDA Meat and Poultry Hotline**

1-888-674-6854 1-800-256-7072 (TTY)

[www.fsis.usda.gov/](http://www.fsis.usda.gov/)

**U.S. Food and Drug Administration**

1-888-INFO-FDA; 1-888-463-6332

[www.fda.gov](http://www.fda.gov)

**Poison Hotline**

1-800-222-1222

##

## Health Services

**American Cancer Society**

1-800-227-2345

[www.cancer.org](http://www.cancer.org)

**American Diabetes Association**

1-800-DIABETES (342-2383)

[www.diabetes.org](http://www.diabetes.org)

**AIDS/HIV Center for Disease Control and Prevention**

 1-800-CDC-INFO; 1-888-232-6348 (TTY)

 [www.cdc.gov/hiv/](http://www.cdc.gov/hiv/)

**AIDS/STD National Hot Line**

 1-800-342-AIDS; 1-800-227-8922 (STD line)

**Bright Focus Foundation**

 1-800-437-2423

 <https://www.brightfocus.org/>

**American Heart Association**

 1-800-242-8721

 [www.heart.org](http://www.heart.org)

**American Lung Association**

 1-800-586-4872

[www.lung.org](http://www.lung.org)

**American Stroke Association**

1-888-4-STROKE (478-7653)

[www.heart.org](http://www.heart.org)

**Center for Disease Control and Prevention**

 1-800-CDC-INFO

1-888-232-6348 (TTY)

 [www.cdc.gov/hiv/](http://www.cdc.gov/hiv/)

 **Early Detection Works**

Education, screening, diagnosis, case management, and referral for cancer treatment.

877-277-1368

 <https://www.kdhe.ks.gov/826/Breast-Cervical-Cancer-Screening---EDW-P>

**Elder Care Helpline**

[www.eldercarelink.com](http://www.eldercarelink.com/)

**Eye Care Council**

 1-800-960-EYES

 [www.seetolearn.com](http://www.seetolearn.com/)

**Kansas Foundation for Medical Care**

 1-800-432-0770

 [www.kfmc.org](http://www.kfmc.org/)

**National Health Information Center**

 [www.health.gov/nhic](http://www.health.gov/nhic)

**National Cancer Information Center**

 1-800-227-2345; 1-866-228-4327 (TTY)

 [www.cancer.org](http://www.cancer.org/)

**National Institute on Deafness and Other Communication Disorders Information**

 1-800-241-1044; 1-800-241-1055 (TTY)

 [www.nidcd.nih.gov](http://www.nidcd.nih.gov/)

## Hospice

**Hospice-Kansas Association**

 800-315-5122 (NW Kansas)

 [www.hospicenwks.com](http://www.hospicenwks.com)

**Kansas Hospice and Palliative Care Organization**

 <https://khpco.wordpress.com>

**Housing**

**Kansas Housing Resources Corporation**

785-217-2001

1-800-766-3777 TTY

<http://www.kshousingcorp.org/>

**US Department of Housing and Urban Development**

Kansas Regional Office

913-551-5462

800-225-5342 TTY 800-877-8339 (general questions)

[www.hud.gov](http://www.hud.gov)

##

## Legal Services

**Kansas Attorney General**

1-800-432-2310 (Consumer Protection)

1-800-828-9745 (Crime Victims’ Rights)

1-800-766-3777 (TTY)

[www.ksag.org/](http://www.ksag.org/)

**Kansas Bar Association**

785-234-5696

[www.ksbar.org](http://www.ksbar.org)

**Kansas Department on Aging**

785-296-4986

<https://kdads.ks.gov/>

**Kansas Legal Services**

 1-800-723-6953

 [www.kansaslegalservices.org](http://www.kansaslegalservices.org)

**Northwest Kansas Area Agency on Aging**

510 W 29th Street, Suite B (Hays)

785-628-8204

800-432-7422

[www.nwkaaa.com](http://www.nwkaaa.com)

## Medicaid/Medicare Services

**KanCare (Medicaid)**

 900 SW Jackson, Suite 900 N (Topeka)

1-866-305-5147
 [www.kancare.ks.gov](file:///%5C%5Cfs01%5CHealth%20Department%5CHealth%20Services%20Directory%20%28Resource%20Manual%29%5Cwww.kancare.ks.gov)

**Medicare Information**

1-800-MEDICARE

[www.medicare.gov](http://www.medicare.gov/)

**U.S. Department of Health and Human Services**

Centers for Medicare and Medicaid Services

1-800-MEDICARE (1-800-633-4227) or 1-877-486-2048 (TTY)

[www.cms.hhs.gov](http://www.cms.hhs.gov/)

**Senior Health Insurance Counseling for Kansas** (SHICK)

Northwest Kansas Department for Aging and Disability Services
510 West 29th, Suite B (Hays)

785-628-8204 800-432-7422 [www.kdads.ks.gov](http://www.kdads.ks.gov)

 **Medicare Part D Prescription Drug Insurance Counseling**

**Senior Health Insurance Counseling for Kansas** (SHICK)

 Thomas County Extension Office

 350 S Range Ave Suite 16 (Colby)

 785-460-4582

## Mental Health Services

**Alzheimer's Association**

1-800-272-3900 or 1-866-403-3073 (TTY)

[www.alz.org](http://www.alz.org/)

**Developmental Services of Northwest Kansas**

1-800-637-2229

[www.dsnwk.org](http://www.dsnwk.org)

**Kansas Alliance for Mentally Ill** (Topeka, KS)

785-233-0755 or 800-539-2660

[www.namikansas.org](http://www.namikansas.org/)

**Make a Difference (KDHE – Special Health Care Needs)**

1-800-332-6262

 <https://www.kdhe.ks.gov/747/Special-Health-Care-Needs>

**Mental Health America**

1-800-969-6MHA (969-6642)

[www.mentalhealthamerica.net](http://www.mentalhealthamerica.net)

**National Alliance for the Mentally Ill Helpline**

1-800-950-NAMI (950-6264) or 703-516-7227 (TTY)

1-800-539-2660 (Kansas NAMI office)

[www.nami.org](http://www.nami.org/)

**National Institute of Mental Health**

1-866-615-6464 or 1-866-415-8051 (TTY)

[www.nimh.nih.gov](http://www.nimh.nih.gov/)

**National Library Services for Blind and Physically Handicapped**

1-800-424-8567

[www.loc.gov/nls/music/index.html](http://www.loc.gov/nls/music/index.html)

**State Mental Health Agency**

Kansas Department of Children and Families

915 SW Harrison Street (Topeka)

785-296-3959

[www.dcf.ks.gov](http://www.dcf.ks.gov)

**Suicide Prevention Hotline**

1-800-SUICIDE (784-2433)

<https://www.imalive.org/>

## Nutrition

**American Dietetic Association**

1-800-877-1600

[www.eatright.org](http://www.eatright.org/)

**American Dietetic Association Consumer Nutrition Hotline**

 1-800-366-1655

**Department of Human Nutrition**

Kansas State University

119 Justin Hall (Manhattan)

785-532-5508

[www.he.k-state.edu/fndh/](http://www.he.k-state.edu/fndh/)

**Eating Disorders Awareness and Prevention**

1-800-931-2237

[www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org/)

**Food Assistance (SNAP)**

Kansas Department of Children and Families

1-888-369-4777 or Local SRS office

www.dcf.ks.gov

**Kansas Department of Health and Environment (WIC)**

1000 SW Jackson, Suite 220 (Topeka)

785-296-1320

<http://www.kansaswic.org/>

## Road and Weather Conditions

**Kansas Road Conditions**

 1-866-511-KDOT or 5-1-1 from mobile

 [www.ksdot.org](http://www.ksdot.org)

## Senior Services

**Alzheimer's Association**

1-800-487-2585

<http://www.alz.org/>

**American Association of Retired Persons (AARP)**

1-888-OUR-AARP (687-2277)

[www.aarp.org](http://www.aarp.org/)

**Americans with Disabilities Act Information Line**

1-800-514-0301

1-800-514-0383 (TTY)

<https://www.ada.gov/infoline.htm>

**Area Agency on Aging**

 1-800-432-2703

**Eldercare Locator**

1-800-677-1116

<https://eldercare.acl.gov/Public/Index.aspx>

**Home Buddy**

1-866-922-8339

[www.homebuddy.org](http://www.homebuddy.org/)

**Home Health Complaints**

Kansas Department of Children & Families

1-800-842-0078

[www.dcf.ks.gov](http://www.dcf.ks.gov)

**Kansas Advocates for Better Care Inc.**

1-800-525-1782

[www.kabc.org](http://www.kabc.org/)

**Kansas Department for Aging & Disability Services**

1-800-432-3535 or 785-291-3167 (TTY)

 www.kdads.ks.gov

**Kansas Foundation for Medical Care, Inc.**

Medicare Beneficiary Information

1-800-432-0770

[www.kfmc.org](http://www.kfmc.org)

**Kansas Tobacco Use Quitline**

1-866-KAN-STOP (526-7867)

 [https://www.kdhe.ks.gov/1800/Quitting-Tobacco](http://www.kdheks.gov/tobacco/cessation.html)

**Older Kansans Employment Programs (OKEP)**

785-296-7842

<https://www.kansascommerce.gov/program/workforce-services/state-of-kansas-senior-> employment-services/

**Older Kansans Information Reference Sources on Aging (OKIRSA)**

1-800-432-3535

**Senior Health Insurance Counseling for Kansas (SHICK)**

1-800-860-5260

 [https://kdads.ks.gov/kdads-commissions/long-term-services-supports/aging- services/medicare-programs/shick](https://kdads.ks.gov/kdads-commissions/long-term-services-supports/aging-%09services/medicare-programs/shick)

**Kansas Department for Aging & Disability Services**

785-296-3959 or 785-296-1491 (TTY)

[www.kdads.ks.gov](http://www.kdads.ks.gov)

## Suicide Prevention

**Suicide Prevention Services**

1-800-784-2433

<https://suicidepreventionlifeline.org/>

## Veterans

**Federal Information Center**

1-800-333-4636

[www.usa.gov](http://www.usa.gov)

**Kansas Commission on Veterans Affairs**

1-800-513-7731

[www.kcva.org](http://www.kcva.org)

## Veterans Administration

**Veterans Administration Benefits**

1-800-669-8477

**Benefits Information and Assistance**

1-800-827-1000

**Debt Management**

1-800-827-0648

**Life Insurance Information and Service**

1-800-669-8477

##

## Welfare Fraud Hotline

**Welfare Fraud Hotline**

1-800-432-3913